

The fun way to FIGHT CAVITIES

Word Find

Help your kids find these words to reinforce proper oral care.

STRONG	BRUSH
TEETH	FLOSS
HEALTHY	RINSE
SMILE	

Y	H	T	L	A	E	H	T
K	S	R	R	I	N	S	E
H	S	U	R	B	M	W	I
V	A	N	O	I	Z	S	S
U	F	N	L	I	T	L	S
S	T	E	E	T	H	X	O
I	G	K	P	I	T	Y	L
G	N	O	R	T	S	M	F

BRUSH

2 times a day for 2 minutes



FLOSS

daily to clean in between teeth



RINSE

2 times a day with LISTERINE® SMART RINSE® to help protect teeth from cavities



LISTERINE® SMART RINSE® STRENGTHENS TEETH 99% BETTER THAN BRUSHING ALONE*



Teach your child smart oral care.

Encourage your child to keep his or her teeth cavity free by brushing and flossing every day, along with daily fluoride rinsing.

Use only as directed. *Based on laboratory testing. Data on file, McNEIL-PPC, Inc.

HEALTHY SMILE!

To learn more, visit www.LISTERINE.com

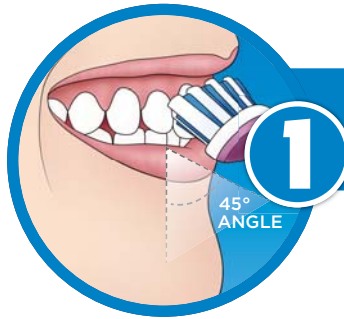
To learn more, visit www.LISTERINE.com



The Essential At-Home Routine

The Essentials of BRUSHING

Brush 2 times a day for 2 minutes



BRUSHING TIPS:

1

Brush at a 45 degree angle to reach both teeth and gums.

45° ANGLE



2

Use short, back & forth strokes.

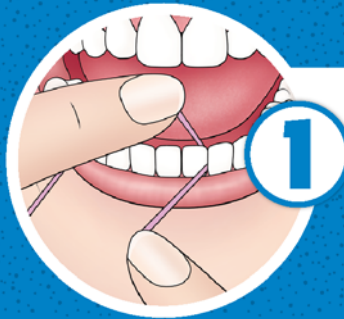


3

Brush outside, inside, and all chewing surfaces of teeth.

The Essentials of FLOSSING

Floss daily between teeth



FLOSSING TIPS:

1

Clean between each tooth, making a "C" shape.



2

Gently slide floss in between teeth and gums.

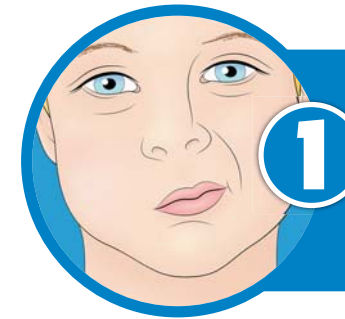


3

Don't forget your back teeth.

The Essentials of RINSING (for children 6 years of age and older)

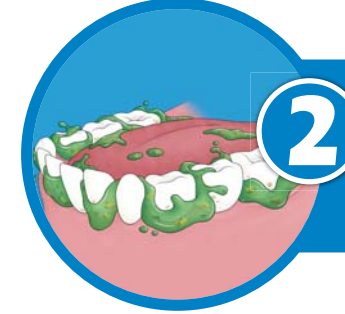
Ask your dental professional if a fluoride rinse is right for your child.



RINSING TIP:

1

Have your child vigorously swish a fluoride rinse, like LISTERINE® SMART RINSE®, from cheek to cheek and between teeth for 1 minute.



DID YOU KNOW?

2

The MAGNETIC CLEANING ACTION® of LISTERINE® SMART RINSE® attracts particles that brushing may miss.



SEE THE PROOF!

3

Let your child spit and see. LISTERINE® SMART RINSE® leaves proof in the sink of a cleaner mouth.

Replace your child's toothbrush every 3 months.



LISTERINE® ULTRACLEAN® Floss
Flossing helps remove food particles between teeth.



LISTERINE® SMART RINSE®
strengthens teeth 99% better than brushing alone* and provides 12-hour cavity protection.

Make an appointment with your child's dentist for a check-up.

*vs. brushing with a fluoride toothpaste and rinsing with water. Zhang J, et al. 2011 IADR General Session Abstract #2644. Based on laboratory testing.